

HARMFUL HUMAN FOOD

What NOT to Give to Your Pets!

- **Avocados:** Contain cyanogenic glycosides, which will result in cyanide poisoning. All parts of the avocado and avocado tree are toxic to dogs. (Also avoid most fruit pits and seeds.)
- **Alcoholic beverages of any kind:** Can lead to coma or even death (includes beer and wine).
- **Bones:** Can splinter and cause laceration of the digestive system and/or become lodged in your pet's throat. (Most animal bones should not be given to pets, especially chicken or turkey.)
- **Broccoli:** Is toxic in large amounts.
- **Chocolate:** Contains theobromine, a cardiac stimulant and diuretic that can be fatal to dogs. (Dark chocolate is more toxic but avoid all forms.)
- **Coffee, tea and most soft drinks:** Contain caffeine, which is toxic to pets.
- **Fatty foods:** Can cause pancreatitis.
- **Garlic:** Contains the toxic ingredient thiosulphate (includes raw, cooked and garlic powder).
- **Grapes/raisins:** Contain an unknown toxic substance that affects dogs' kidneys.
- **Macadamia nuts:** Contain an unknown substance toxic to dogs.
- **Moldy spoiled foods:** Acts like food poisoning, causes vomiting, diarrhea, lethargy and sedation.
- **Mushrooms:** Contain toxins that could cause liver and kidney damage.
- **Nutmeg:** Can cause tremors, seizures and central nervous system damage.
- **Onions or onion powder:** Contains the toxic ingredient thiosulphate.
- **Potato peelings or green potatoes:** Contain oxalates that can affect the digestive, nervous and urinary system.
- **Raw eggs or raw fish:** Can cause Salmonella poisoning.
- **Salt, baking soda and baking powder:** Can cause an electrolyte imbalance; severe electrolyte imbalances can lead to muscle spasm or even congestive heart failure.
- **Sugar-free gum, peanut butter & diet foods:** Contain xylitol, which can cause liver failure and even death.
- **Yeast dough:** Can produce gas and swell in your pet's stomach, leading to rupture of the digestive system.

*If you think your pet has been exposed to a poisonous substance,
call ASPCA Animal Poison Control Center for help: 1-888-426-4435*

It may save your pet's life. Consult with us for follow-up care.